

Young Person Violence in the Home (YPVITH)

This 6-hour interactive workshop aims to support the development of foundation knowledge for professionals working with young person violence. It includes exploration of theoretical frameworks that underpin Young Person Violence in the Home (YPVITH), how to use a relational approach, assessment of risk, and practice examples.

The workshop explores a young person's experience of trauma and how this may impact upon their use of violence in the home. It will also examine how professionals can support risk management through safety planning using a trauma-informed approach. The workshop addresses topics such as planning and using family centred, strength-based and holistic approaches, supporting carers and families to be able to identify the early stages of the emergence of violence, and violent behaviour in children and young people. Additionally, the training aims to work with practitioners to be able to support them in looking at YPVITH and what may be consistent with typical adolescent behaviour.

Learning Outcomes

A series of discrete workshop modules explores a variety of topics, which will support practitioners to:

- Develop a greater understanding of YPVITH principles, drivers and behaviours.
- Develop a greater knowledge and understanding of common YPVITH presentations.
- Appreciate the influence of disability and mental health concerns within the context of YPVITH.
- Recognise the influence of trauma and cumulative harm on violent behaviours.
- Work with a relational and whole-of-family approach.
- Develop confidence in being able to collaborate with other services to support their understanding of YPVITH and to achieve stronger outcomes for young people.
- Develop a greater confidence in applying information-sharing schemes, and
- Enhance risk assessment and management strategies and skills.

Modules

Module 1: Introduction to YPVITH

Module one will provide participants with an overview of what young person family violence is and the contexts in which it occurs. Participants will also develop an understanding of:

- Prevalence and drivers of YPVITH
- Characteristics of YPVITH
- Risk and protective factors
- Implications of family violence legislation in the context of YPVITH
- Significance of language within a YPVITH context; and
- An introduction of the Four Pillars Practice Framework.

Module 2: Introduction to young person development, trauma and disability

This module will provide participants with an overview of:

- Impacts of trauma on adolescent development.
- Considerations of developmental age and stage on assessment and safety planning.
- Impacts of disability and other diagnosis on YPVITH.
- Impacts of mental health presentations on YPVITH.

Module 3: A relational approach

This module will introduce participants to effective whole-of-family strategies to engage young people and their carers/parents. Participants will learn how to:

- Work with the young person using strengths-based approaches.
- Work with parents, carers and other family members to support them with early identification and early intervention strategies. This includes the use of helpful language, reframing techniques and de-escalation tools and techniques.
- Support parents, carers, and other family members to engage in appropriate and effective conversations with children and young people who use violence in the home.
- Use family sensitive practice that considers the needs and views of all family members and prioritises safety and safety planning, and
- Explores guilt, shame and impacts on other household members.

This work will look at approaches that may be useful when working with different family members with different presentations and differing experiences.

Module 4: YPVITH within the context of a community approach

This module will provide participants with an increased sense of confidence in how to engage and collaborate successfully with other service providers who may also be responsible for providing support to children and young people who you may work with. This may involve:

- Collaborating with schools and educational facilities.
- Organisations who may be responsible for or assist in meeting the young person's cultural identity and cultural needs, and
- Understanding legal parameters and possible collaboration with Youth Justice Services.

The module will also explore the use of Child Information Sharing and Family Violence Information Sharing, and how these schemes may be used to support better outcomes for children, young people and families, within the context of YPVITH.

This final module will also focus and reflect upon techniques and strategies necessary to support families in the absence of timely access to appropriate support services.

Who should attend:

This training is targeted towards the needs of professionals who work directly with young people and their families and will be tailored to meet the needs of practitioners with a range of experience. The training is also applicable for Team Leaders and Managers.

Delivery Details

The training can be delivered either online or on premise. To optimise the learning experience and maximise opportunities for learner participation, audience capacity is 30 participants per session.

More information

Contact training@cfecfw.asn.au